

Application

Name(s) _____

Age _____

Parent name (if under 18) _____

Address _____

City, State, Zip Code _____

Home Phone _____

Email Address _____

Parent Guardian Authorization

I hereby approve of my child's attendance at the Arnold Sports Center for the swimming classes and certify that he/she is in good health and able to participate in the program. I authorize that the Director act for me according to his best judgment in any emergency requiring medical attention. I understand, should any emergency occur, I will be contacted during the physical exam. If I am not available I authorize you to contact:

Name of Physician _____

Phone Number _____

Special _____

Condition(s) _____

I recognize that insurance coverage on injuries received during lessons is the responsibility of the parent or guardian's insurance policy.

Insurance Carrier _____

Policy Number _____

Lebanon Valley College



Health & Sports Center

2011 Spring Guarding Certification Schedule

***LIFEGUARD TRAINING CERTIFICATION CLASS**

Lifeguard Training (American Red Cross) \$210.00

Instruction for individuals who are interested in becoming certified in lifeguarding procedures. Participants must: be at least 15 years of age; be able to swim 400 meters successfully; pass all skill work and written tests (including the CPR segment of the class). All 6 days must be attended.

***CPR-PR RE-certification classes**

***Lifeguarding REcertification classes**

!!! Important information:

- You must have current cards in order to take the recertification.
- American Red Cross CPR must be updated **YEARLY**.
- American Red Cross LG/First Aid must be updated every **3** years.

*!!*When you update the LG certification, you must also update the CPR with the same instructor

Lifeguard Training Class(CPR included)

Cost: \$210.00

Lifeguard Training (this is the pool and classroom work)

- Thursday May 19 4:30-8:30p.m.
- Friday May 20 *4:00-8:30p.m.
- Monday May 23 4:30-8:30p.m.
- Friday May 27 *4:00 -8:30p.m.

CPR-PR (must be taken)

- Thursday May 12 6:30-8:30p.m.
- Friday May 13 4:30-9:00p.m.

CPR/Lifeguarding Recertification session

***Cost \$16.00 per certification

***you need to take ONE session for each recertification

***you can do the lifeguard and CPR on different days

Wed.	March 14	5-6:30 p.m.	CPR-PR (on land)
Monday	April 11	6-7:30 p.m.	CPR-PR (on land)
Tuesday	May 10	3:30-5:00 p.m.	CPR-PR (on land)
Tuesday	May 17	11:00-12:30 p.m.	CPR-PR (on land)
		1:30-3:30 p.m.	Lifeguarding (in pool)
Sunday	May 29	8:00-9:30 a.m.	CPR-PR (on land)
		10:00-11:30 a.m.	Lifeguarding (in pool)

!***If there are special circumstances where these dates do not work, or you have questions/concerns, please contact Mary Gardner 717-867-6367 or gardner@lvc.edu

Please return this form and payment to:

**Lebanon Valley College
c/o Mary Gardner
101 N. College Ave.
Annville, PA 17003**

****checks made payable to LVC****

Please **circle** the class you are planning to attend and fill out the authorization form on the back of this page.

Thank you!!!

***Lifeguard Training (May 12, 13, 19, 20, 23, 27)**

***Recertifications:**

March 14	CPR	5:00-6:30p.m.
April 11	CPR	6:00 -7:30p.m.
May 10	CPR	3:30-5:00 p.m.
May 17	CPR	11:00-12:30 p.m.
May 17	Lifeguarding	1:30-3:30 p.m.
May 29	CPR	8:00-9:30 a.m.
May 29	Lifeguarding	10:00-11:30 a.m.