

Application

Name(s) _____

Age _____

Parent name (if under 18) _____

Address _____

City, State, Zip Code _____

Home Phone _____

Email Address _____

Parent Guardian Authorization

I hereby approve of my child's attendance at the Arnold Sports Center for the swimming classes and certify that he/she is in good health and able to participate in the program. I authorize that the Director act for me according to his best judgment in any emergency requiring medical attention. I understand, should any emergency occur, I will be contacted during the physical exam. If I am not available I authorize you to contact:

Name of Physician _____

Phone Number _____

Special _____

Condition(s) _____

I recognize that insurance coverage on injuries received during lessons is the responsibility of the parent or guardian's insurance policy.

Insurance Carrier _____

Policy Number _____

Lebanon Valley College



Health & Sports Center

2010 Spring Guarding Certification Schedule

***LIFEGUARD TRAINING CERTIFICATION CLASS**

Lifeguard Training (American Red Cross)

Instruction for individuals who are interested in becoming certified in lifeguarding procedures. Participants must: be at least 15 years of age; be able to swim 400 meters successfully; pass the CPR-PR class that is offered the weekend before the class.

***CPR-PR Recertification classes**

***Lifeguarding Recertification classes**

!!! Important information:

- You must have current cards in order to take the recertification.
- American Red Cross CPR must be updated **YEARLY**.
- American Red Cross LG/First Aid must be updated every **3** years.

*!!*When you update the LG certification, you must also update the CPR with the same instructor

Lifeguard Training (CPR included)

Cost: \$200.00

Lifeguard Training (this is the pool and classroom work)

- Wednesday May 12 4:30-8:30
- Thursday May 13 4:30-8:30
- Friday May 14 4:30-8:30
- Monday May 17 4:30-8:30

CPR-PR (must be taken)

- Wednesday May 19 4:30-8:30
- Thursday May 20 4:30-8:30

CPR/Lifeguarding Recertification

***Cost \$15.00 per certification

***you need to take ONE session for each recertification

***you can do the lifeguard and CPR on different days

| | | | |
|---------|--------|------------------|------------------------|
| Tuesday | May 11 | 3:30-5:00 p.m. | CPR-PR (on land) |
| Tuesday | May 18 | 11:00-12:30 p.m. | CPR-PR (on land) |
| | | 1:00-2:30 p.m. | Lifeguarding (in pool) |
| Sunday | May 30 | 8:00-9:30 a.m. | CPR-PR (on land) |
| | | 10:00-11:30 a.m. | Lifeguarding (in pool) |

!***If there are special circumstances where these dates do not work, or you have questions/concerns, please contact Mary Gardner 717-867-6367 or gardner@lvc.edu

Please return this form and payment to:

**Lebanon Valley College
c/o Mary Gardner
101 N. College Ave.
Annville, PA 17003**

****checks made payable to LVC****

Please **circle** the class you are planning to attend and fill out the authorization form on the back of this page.

Thank you!!!

Lifeguard Training (May 12, 13, 14, 17, 19, 20)

Recertification:

| | |
|---------------------|------------------|
| May 11 CPR | 3:30-5:00 p.m. |
| May 18 CPR | 11:00-12:30 p.m. |
| May 18 Lifeguarding | 1:00-2:30 p.m. |
| May 30 CPR | 8:00-9:30 a.m. |
| May 30 Lifeguarding | 10:00-11:30 a.m. |